

		l	m	x	j	v	s	d
08:00 - 09:00	Sala 40°		YOGA 40°					
08:30 - 09:30	Sala 40°	YOGA 40°			YOGA 40°	YOGA 40°		
09:15 - 10:15	Sala 40°			YOGA 40°				
14:00 - 15:00	Sala 40°					YOGA 40°		
14:30 - 15:30	Sala 40°	YOGA 40°	YOGA 40°	YOGA 40°	YOGA 40°			
18:30 - 19:30	Sala 40°					YOGA 40 (R)		
19:00 - 20:00	Sala 40°	YOGA 40 (R)	YOGA 40 (R)	YOGA 40 (R)	YOGA 40 (R)			
20:00 - 21:00	Sala 40°	YOGA 40 (R)		YOGA 40 (R)				