

		l	m	x	j	v	s	d
09:15 - 10:15	Sala 2			YOGA				
10:30 - 11:15	Sala 2				ZUMBA			
14:00 - 14:45	Sala 2			ZUMBA				
17:45 - 18:30	Sala 2				PILATES			
18:00 - 18:45	Sala 2			BODY ATTACK				
18:15 - 19:00	Sala 2	GAP (R)						
18:30 - 19:15	Sala 2				STEP			
19:15 - 20:00	Sala 2	CARDIO HIIT						
20:00 - 20:45	Sala 2	BODY ATTACK						
20:15 - 21:15	Sala 2				YOGA (R)			
20:30 - 21:15	Sala 2			BODY COMBAT (R)				