

		<b>l</b>	<b>m</b>	<b>x</b>	<b>j</b>	<b>v</b>	<b>s</b>	<b>d</b>
07:00 - 07:45	Sala 1		BODY PUMP	CARDIO HIIT				
08:00 - 08:45	Sala 1	TONIFICACIÓN		ZUMBA	BODY PUMP			
09:00 - 09:45	Sala 1	ZUMBA	PILATES	TONIFICACIÓN				
09:30 - 10:15	Sala 1					BODY PUMP		
10:00 - 10:45	Sala 1	GAP					BODY PUMP (R)	BODY COMBAT
10:30 - 11:15	Sala 1				ZUMBA			
11:00 - 11:45	Sala 1							PILATES
12:00 - 12:45	Sala 1						PILATES	
13:30 - 14:15	Sala 1		GAP					
13:45 - 14:30	Sala 1				BODY PUMP (R)			
14:00 - 14:45	Sala 1	BODY COMBAT		BODY ATTACK		BODY COMBAT		
14:30 - 15:15	Sala 1		CARDIO HIIT		BODY COMBAT			
14:45 - 15:30	Sala 1	BODY PUMP		PILATES				
17:30 - 18:15	Sala 1	PILATES				PILATES		
17:45 - 18:30	Sala 1			BODY PUMP (R)	ZUMBA			
18:00 - 18:45	Sala 1		BODY PUMP (R)					
18:15 - 19:00	Sala 1	BODY COMBAT (R)				BODY PUMP (R)		
18:30 - 19:15	Sala 1				BODY PUMP (R)			
19:00 - 19:45	Sala 1		BODY COMBAT (R)	ZUMBA		BODY COMBAT		
19:15 - 20:00	Sala 1	CTC						
19:30 - 20:15	Sala 1				BODY COMBAT (R)			
20:00 - 20:45	Sala 1			BODY COMBAT (R)				
20:15 - 21:00	Sala 1	BODY PUMP (R)	BODY PUMP (R)		CARDIO HIIT			