

		<b>l</b>	<b>m</b>	<b>x</b>	<b>j</b>	<b>v</b>	<b>s</b>	<b>d</b>
07:00 - 07:45	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL		
	Sala cycling				CYCLING			
	Sala 1			CARDIO HIIT				
08:00 - 08:45	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
	Sala 1			ZUMBA				
09:00 - 09:45	Sala 1	ZUMBA						
	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
09:15 - 10:00	Virtual						CYCLING VIRTUAL	CYCLING VIRTUAL
10:00 - 10:45	Sala 1							BODY COMBAT
	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
10:15 - 11:00	Virtual							CYCLING VIRTUAL
10:30 - 11:15	Sala 1				ZUMBA			
	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
11:00 - 11:45	Sala cycling						CYCLING (R)	
	Virtual							CYCLING VIRTUAL
11:15 - 12:00	Virtual							CYCLING VIRTUAL
12:00 - 12:45	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
12:15 - 13:00	Virtual						CYCLING VIRTUAL	CYCLING VIRTUAL
13:00 - 13:45	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
13:15 - 14:00	Virtual						CYCLING VIRTUAL	CYCLING VIRTUAL
	Sala 1	BODY COMBAT		BODY ATTACK		BODY COMBAT		
14:00 - 14:45	Sala 2			ZUMBA		ZUMBA		
	Sala cycling	CYCLING	CYCLING	CYCLING				
14:15 - 15:00	Virtual						CYCLING VIRTUAL	
	Sala cycling				CYCLING			
14:30 - 15:15	Sala 1		CARDIO HIIT		BODY COMBAT			
	XPRESS			RADIKAL				
15:00 - 15:15	Virtual			CYCLING VIRTUAL			CYCLING VIRTUAL	
15:15 - 16:00	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					
15:30 - 16:15	Virtual					CYCLING VIRTUAL		
16:00 - 16:45	Virtual						CYCLING VIRTUAL	
16:15 - 17:00	Virtual			CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL	
16:30 - 17:15	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					
17:00 - 17:45	Virtual					CYCLING VIRTUAL		
17:15 - 18:00	Virtual			CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL	
17:30 - 18:15	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					
17:45 - 18:30	Sala 1				ZUMBA			
18:00 - 18:15	XPRESS		RADIKAL					
18:00 - 18:45	Virtual					CYCLING VIRTUAL		
	Sala 2			BODY ATTACK				

18:15 - 19:00	Virtual						CYCLING VIRTUAL	
	Sala 1	BODY COMBAT (R)						
18:30 - 19:15	Sala cycling	CYCLING	CYCLING (R)	CYCLING (R)	CYCLING (R)			
19:00 - 19:15	XPRESS				RADIKAL			
19:00 - 19:45	Sala 1		BODY COMBAT (R)	ZUMBA		BODY COMBAT		
	Exterior			RUNNERS				
19:00 - 20:00	Virtual					CYCLING VIRTUAL		
	Sala 2	CARDIO HIIT						
19:15 - 20:00	Sala cycling	CYCLING (R)	CYCLING (R)	CYCLING				
19:30 - 20:15	Sala 1				BODY COMBAT (R)			
	XPRESS	RADIKAL		RADIKAL				
20:00 - 20:45	Sala 1			BODY COMBAT (R)				
	Sala 2	BODY ATTACK						
	Virtual				CYCLING VIRTUAL			
20:15 - 21:00	Sala 1				CARDIO HIIT			
21:00 - 21:45	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL			