

		dl	dt	dc	dj	dv	db	dg
07:00 - 07:45	Sala 1			CARDIO HIIT				
07:00 - 08:00	Sala 1		BODY PUMP					
08:00 - 08:45	Sala 1			ZUMBA				
08:15 - 09:00	Sala 1				CTC			
09:00 - 10:00	Sala 1			TONO				
09:30 - 10:30	Sala 1					BODY PUMP		
10:00 - 11:00	Sala 1						BODY PUMP (R)	
11:00 - 12:00	Sala 1							PILATES
12:15 - 13:15	Sala 1						PILATES	
13:30 - 14:15	Sala 1		GAP					
13:45 - 14:30	Sala 1				BODY PUMP (R)			
14:00 - 14:45	Sala 1			BODY ATTACK		ZUMBA		
14:30 - 15:15	Sala 1		CARDIO HIIT		CARDIO HIIT			
14:45 - 15:30	Sala 1			PILATES				
17:45 - 18:30	Sala 1			BODY PUMP (R)	ZUMBA			
18:00 - 18:45	Sala 1		BODY PUMP (R)				PILATES	
18:30 - 19:15	Sala 1				BODY PUMP (R)			
18:45 - 19:30	Sala 1			STEP		BODY PUMP (R)		
19:00 - 19:45	Sala 1		BODY COMBAT					
19:30 - 20:15	Sala 1				BODY COMBAT			
19:45 - 20:30	Sala 1			ZUMBA		CARDIO HIIT		
20:00 - 20:45	Sala 1		BODY PUMP (R)					
20:15 - 21:00	Sala 1				CARDIO HIIT			