

		dl	dt	dc	dj	dv	db	dg
08:00 - 09:00	Sala 40°		YOGA 40°			YOGA 40°		
09:15 - 10:15	Sala 40°			YOGA 40°	PILATES 40°			
10:15 - 11:00	Sala 2			PILATES				
10:15 - 11:15	Sala 2		PILATES					
11:00 - 12:00	Sala 1							PILATES
12:15 - 13:15	Sala 1						PILATES	
13:45 - 14:30	Sala 2		PILATES					
14:30 - 15:30	Sala 40°	YOGA 40°	YOGA 40°		YOGA 40°			
14:45 - 15:30	Sala 1			PILATES				
17:30 - 18:15	Sala 1	PILATES						
17:45 - 18:30	Sala 2				PILATES			
18:00 - 18:45	Sala 1					PILATES		
18:00 - 19:00	Sala 2		YOGA (R)					
18:30 - 19:30	Sala 40°					YOGA 40 (R)		
19:00 - 20:00	Sala 40°	YOGA 40 (R)	YOGA 40 (R)					
19:15 - 20:15	Sala 40°			YOGA 40 (R)	YOGA 40 (R)			
20:00 - 21:00	Sala 40°	YOGA 40 (R)						
20:15 - 21:00	Sala 2		PILATES					
20:15 - 21:15	Sala 2				YOGA (R)			