

		dl	dt	dc	dj	dv	db	dg
07:00 - 07:45	Sala 1			CARDIO HIIT				
	Virtual		CYCLING VIRTUAL			CYCLING VIRTUAL		
	Sala cycling	CYCLING						
07:15 - 08:00	Sala cycling				CYCLING			
08:00 - 08:20	XPRESS			RADIKAL				
08:00 - 08:45	Sala 1			ZUMBA				
	Virtual				CYCLING VIRTUAL	CYCLING VIRTUAL		
08:15 - 09:00	Virtual	CYCLING VIRTUAL						
09:00 - 09:45	Virtual		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
09:15 - 09:35	XPRESS						RADIKAL	
09:15 - 10:00	Virtual	CYCLING VIRTUAL					CYCLING VIRTUAL	CYCLING VIRTUAL
10:00 - 10:45	Virtual		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
	Sala 1	CARDIO HIIT						
	Sala cycling							CYCLING (R)
10:15 - 10:35	XPRESS		RADIKAL				RADIKAL	
10:15 - 11:00	Virtual	CYCLING VIRTUAL					CYCLING VIRTUAL	CYCLING VIRTUAL
10:30 - 10:50	XPRESS				RADIKAL			
10:30 - 11:15	Sala 2				ZUMBA			
11:00 - 11:45	Virtual		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
11:15 - 11:30	XPRESS			FREE FIT				
11:15 - 11:35	XPRESS	RADIKAL				RADIKAL		
11:15 - 12:00	Sala cycling						CYCLING (R)	
	Virtual	CYCLING VIRTUAL						CYCLING VIRTUAL
12:00 - 12:45	Virtual		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
12:15 - 13:00	Virtual	CYCLING VIRTUAL						CYCLING VIRTUAL
13:00 - 13:45	Virtual		CYCLING VIRTUAL			CYCLING VIRTUAL	CYCLING VIRTUAL	
13:15 - 14:00	Virtual	CYCLING VIRTUAL						CYCLING VIRTUAL
14:00 - 14:45	Virtual						CYCLING VIRTUAL	
	Sala 1	BODY COMBAT		BODY ATTACK		ZUMBA		
	Sala 2			ZUMBA				
14:15 - 14:35	XPRESS						RADIKAL	
14:15 - 15:00	Sala cycling	CYCLING	CYCLING	CYCLING				
14:30 - 14:50	XPRESS	RADIKAL		RADIKAL		RADIKAL		
14:30 - 15:15	Sala 1		CARDIO HIIT		CARDIO HIIT			
	Sala cycling				CYCLING			
15:00 - 15:45	Virtual					CYCLING VIRTUAL		
15:15 - 16:00	Virtual			CYCLING VIRTUAL	CYCLING VIRTUAL			
15:30 - 16:15	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					
16:00 - 16:20	XPRESS		RADIKAL					

16:00 - 16:45	Virtual					CYCLING VIRTUAL	CYCLING VIRTUAL	
16:15 - 17:00	Virtual			CYCLING VIRTUAL	CYCLING VIRTUAL			
16:30 - 17:15	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					
17:00 - 17:45	Virtual					CYCLING VIRTUAL	CYCLING VIRTUAL	
17:15 - 18:00	Virtual			CYCLING VIRTUAL	CYCLING VIRTUAL			
17:30 - 18:15	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					
17:45 - 18:30	Sala 1				ZUMBA			
18:00 - 18:15	XPRESS				FREE FIT			
18:00 - 18:20	XPRESS			RADIKAL			RADIKAL	
18:00 - 18:45	Virtual					CYCLING VIRTUAL	CYCLING VIRTUAL	
	Sala 2			BODY ATTACK				
	Virtual			CYCLING VIRTUAL	CYCLING VIRTUAL			
18:15 - 19:00	Sala 1	BODY COMBAT						
	Sala cycling		CYCLING (R)					
18:30 - 19:15	Sala 2				STEP			
18:45 - 19:30	Sala 1			STEP				
19:00 - 19:15	XPRESS		FREE FIT					
19:00 - 19:20	XPRESS	RADIKAL			RADIKAL	RADIKAL		
	Sala cycling	CYCLING (R)		CYCLING (R)				
19:00 - 19:45	Sala 1		BODY COMBAT					
19:00 - 20:00	Exterior			RUNNERS				
	Sala 1	ZUMBA						
19:15 - 20:00	Sala 2	CARDIO HIIT						
	Sala cycling				CYCLING (R)			
	Sala cycling		CYCLING (R)					
19:30 - 20:15	Sala 1				BODY COMBAT			
19:45 - 20:30	Sala 1			ZUMBA		CARDIO HIIT		
20:00 - 20:15	XPRESS	FREE FIT						
20:00 - 20:20	XPRESS		RADIKAL					
20:00 - 20:45	Sala 2	BODY ATTACK						
	Sala 1				CARDIO HIIT			
20:15 - 21:00	Virtual					CYCLING VIRTUAL		
	Virtual				CYCLING VIRTUAL			
20:30 - 21:15	Sala 2			CARDIO HIIT				
20:45 - 21:30	Virtual			CYCLING VIRTUAL				
21:00 - 21:45	Virtual	CYCLING VIRTUAL	CYCLING VIRTUAL					