

		dl	dt	dc	dj	dv	db	dg
08:15 - 08:30	XPRESS		ABDOMINALS					
09:15 - 09:30	XPRESS				ABDOMINALS			
10:15 - 10:30	XPRESS					ABDOMINALS		
11:15 - 11:30	XPRESS						ABDOMINALS	ABDOMINALS
14:30 - 14:45	XPRESS				ABDOMINALS			
16:00 - 16:15	XPRESS			ABDOMINALS				
18:00 - 18:15	XPRESS		ABDOMINALS			ABDOMINALS		